

INDUS UNIVERSAL SCHOOL SAINIKPURI, SEC-BAD

MENU FOR THE MONTH APRIL (01.04.2024 TO 23.04.2024)

Date	Breakfast	Lunch
01.04.2024	Veg idly & Sambar chutney	Potato White Gram Salad, Roti, Plain Rice, Veg biryani, Rice, paneer butter masala curry, Tomato dal, rasam, cucumber ratia, papad, Semiya kheer
02.04.2024	Mysore bonda & Chutney	Green salad, Roti, plain rice, Tamarind rice, Beans tomato curry, Sambhar, Chutney, Curd, fryums, cut fruit
03.04.2024	Set dosa & Chutney	Green Salad, Roti, Plain Rice, Corn rice, Kaju tomato curry, Bottle gourd dal, rasam, Curd, papad, chocolate burfi.
04.04.2024	Tomato bath & Chutney	Cucumber Salad, Roti, Plain Rice, Jeera rice, Rajma curry, Sambhar, chutney, Curd, fryums, cut fruit
06.04.2024	Aloo partha & tomato Curry / curd	Beetroot Salad, Roti, Plain Rice, khichdi rice, Veg kurma, Gongura dal, Rasam, Curd, papad Sweet pongal
08.04.2024	Vada & Sambar chutney	Salad, Roti, Plain Rice, Roselle plant rice, Ridge Gourd chana Curry, Sambhar, chutney, Curd, Fryums, cut fruit.
10.04.2024	Idly & Sambar chutney	Cucumber salad, Roti, Plain Rice, Curd Rice, okra dum, Moong dal, Rasam, Curd, papad, ice-cream
11.04.2024	poori & Chole	Beetroot Salad, Roti, Plain Rice, Tomato rice, Board beans tomato curry, Sambhar, Chutney, Curd, fryums, cut fruit
12.04.2024	Mysore bonda & Chutney	Chopped Salad, Roti, Plain Rice, Bagara rice, Brinjial masala curry, Tomato dal, rasam, curd, papad, Pineapple rava kesari
15.04.2024	Semiya bath & tomato Chutney	cucumber salad, Fried Rice, Plain Rice, Noodles, Veg Corn Soup, Manchurian, Sambhar, Chutney Curd, fryums, cut fruit
16.04.2024	Vada & Sambar/chutney	Beetroot Salad, Roti, Plain Rice, Paneer pulav, Mirchi ka salan curry, Moong dal, Rasam, Curd, papad bread halwa
18.04.2024	Masala dosa & chutney	Cucumber Salad, Roti, Plain Rice, Bissi Bella Bath, Cabbage 65 Fry, Sambhar, chutney, Curd, fryums, cut fruit
19.04.2024	Methi partha & mix veg curry	Cucumber Salad, Roti, Plain Rice, lemon rice, Beetroot dum, Onion dal, Rasam, Curd, papad, Gulab jamun
20.04.2024	Dalia upma & Chutney	Green Salad, Roti, Plain Rice, Veg pulav, Raw banana masala curry, Sambhar, chutney, Curd, fryums, Cut fruit
22.04.2024	Idly & Sambar Chutney	Shredded Salad, Roti, Plain Rice, Peas Rice, Mealmaker tomato curry, Yellow cucumber dal, Rasam, Curd, papad, fruit custard
23.04.2024	Hot pongal & tomato Chutney	Carrot Salad, Roti Plain Rice, Cocount rice, Mix veg dry, Sambhar, chutnery, Curd, fryums, cut fruit

Jashna
canteen supervisor

30/3/24
principal